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## Unlikely Rebel: A Church Girl's Journey Out of Shoulds and Shame

By Kelli Gotthardt

Kregel Publications, U.S. Paperback / softback. Book Condition: new. BRAND NEW, Unlikely Rebel: A Church Girl's Journey Out of Shoulds and Shame, Kelli Gotthardt, No formulas, no pat answers. Just real life. Real questions. Real transformation. Approach many women in the church and if they're being honest, they'll tell you they - try hard to keep it all together; - are frustrated that being good doesn't deliver the perfect life; - feel trapped in expectations; - make decisions based on "shoulds"; - feel selfish when they say no; and - are uncertain of their place in God's kingdom. Between the desire to please God, the need to feel valued, and the compulsion to make everyone around them happy, women often find themselves denying their desires. It's safer to stay in the life of "shoulds"--even if it means being spiritually and emotionally disconnected. Kelli Gotthardt knows their pain. Always considered a "good girl," she threw herself into every ministry, saying yes to every request her church family made. On the outside, her life looked completely together--but she was drowning in self-doubt and shame. "Unlikely Rebel" is the story of how Kelly slowly shed shoulds and shame, learning to love God and love...



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