



Domestic Violence: The Essential Guide

By Greta McGough

Need2Know. Paperback. Book Condition: new. BRAND NEW, Domestic Violence: The Essential Guide, Greta McGough, Unfortunately, domestic violence remains a fact of life for far too many people. The statistics tell us that one in four women is (or has been) abused by a partner in our society, and that some men are abused by their partners too. So, if not you then this is happening to someone you know, right now. It is easy not to spot the signs, even when they are obvious, that someone we care about might be suffering in silence. Anyone (professional or otherwise) who can offer space and safety is helping the victim to take a big step towards regaining their freedom, and eventually their personality and mental health. Written by a survivor of domestic violence, who is also a nurse and teacher, this book explores the issues in a detailed and practical way. Domestic violence has consequences for the entire family, and for life in general. There are no easy answers, but this book will help us all to feel more confident about dealing with the issues of domestic violence.



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