



## The Empty Medicine Cabinet: The Pharmacist s Guide to the Hidden Danger of Drugs and the Healing Powers of Food (Paperback)

By Dustin Rudolph

Pursue a Healthy You LLC, United States, 2014. Paperback. Book Condition: New. 231 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.While pharmaceutical companies rake in billions, the health of a nation continues to decline rapidly, leaving patients and physicians searching for answers in all the wrong places. The Empty Medicine Cabinet: The Pharmacist s Guide to the Hidden Danger of Drugs and the Healing Powers of Food wastes no time in explaining why this is so, offering solutions that target the cause of disease rather than the symptoms of poor health. Like most healthcare professionals, Dustin Rudolph, PharmD, entered the field of medicine with one goal in mind-to help his patients get healthy. As a pharmacist, Rudolph believed the best way to accomplish this was through pills, procedures, and surgeries. Boy, was he wrong! His story, life experiences, and professional expertise serve as the foundation for this book. The business model of a profit-based healthcare system is exposed, resulting in a steady stream of chronically sick, lifelong customers. Rudolph offers a cost-free, side-effect-free solution rooted in the discipline of lifestyle medicine and plant-based nutrition. Backed by an array of scientific studies, readers hear the...



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