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View of the Bottom of the Well

By Karen Thodsen

Austin Macauley Publishers. Paperback. Book Condition: new. BRAND NEW, View of the Bottom of the Well, Karen Thodsen, Ffion Delaney lives alone with her cat Sukey, she has a very interesting and responsible job in education and a handsome man in her life. Recently she has developed a fascination with obituaries - reading other people's and writing her own! Ffion soon realises that her new found obsession, her growing lack of interest in her new relationship and her inability to concentrate on her work are symptoms of something serious. Karen Thodsen's latest book chronicles Ffion's struggle against the onset of depression with great honesty and compassion. The feelings of complete helplessness and the desire to retreat from all human contact are movingly expressed, as Ffion falls deeper and deeper into her well of depression, until she reaches the bottom and can finally look up and see the light above. Even though the subject matter in this book is serious, there is still some humour that comes through dealing with children and teachers in Ffion's working life. View from the bottom of the well describes the desolation of depression in a clear and unsentimental way and will greatly enhance the reader's...



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Reviews

Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).

-- **Paolo Spinka**

A must buy book if you need to adding benefit. It really is writter in easy terms instead of difficult to understand. I found out this ebook from my dad and i advised this publication to find out.

-- **Prof. Elton Gibson I**

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Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



Plentyofpickles.com (Paperback)

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9787538264517 network music roar(Chinese Edition)

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